# ALS Symposium

#### Earn up to 3.75 CE Credits

#### When

Saturday, September 19, 2020 9:00 a.m. – 3:45 p.m.

#### Where

VCU Health E. Parham Road Office Building 7818 E. Parham Road Richmond, VA 23294

Virtual attendance option also available.

#### Who should attend?

- ALS patients, families, and caregivers
- Dietitians
- Home health agencies
- Nurses
- Physicians
- Social workers
- Therapists
- Other health care providers

#### Registration

Complimentary registration for all health care professionals, patients and families in the ALS community.

Select continuing education credits available for a \$25 fee. See reverse for available credits.

#### **Questions?**

**Contact** VCU Health Continuing Education <u>ceinfo@vcuhealth.org</u> | 804.828.3640



Join us for an informative symposium that will offer insights on providing interdisciplinary clinical care for the ALS patient including occupational, physical, respiratory and speech therapy. The conference will also feature presentations by experts in genetic testing, nutrition, supporting caregivers and providing palliative and hospice care to ALS patients. Health care professionals, patients and caregivers can also learn about the latest medical equipment and other resources available to support people living with ALS.

### **Objectives**

At the conclusion of this activity, learners will be able to:

- Identify the role of each member of the interdisciplinary team in the management of ALS, including therapists, social workers, dietitians, nurses and physicians.
- Describe how research can guide advances in ALS care.
- Explain why genetic testing is indicated for certain patients.
- Discuss and address the impact on caregivers supporting patients with ALS.
- Describe the role of palliative care and hospice as part of the care team.
- List regional resources available for support with ALS management.

## Register online at vcu.cloud-cme.com/ALS2020



## VCU Health faculty

#### Kiera Berggren, MA/CCC-SLP, MS

**Research Speech-Language Pathologist** Program for Translational Research in Muscular Dystrophies Department of Neurology

#### Paula Brockenbrough, BS, CRT

Respiratory Therapist II **Respiratory Care Department** 

#### Mandy Butler, PT, DPT

Physical Therapist III Clinical Evaluator for Neuromuscular Research Children's Hospital Brook Road **Outpatient Therapy** Adult and Pediatric Neuromuscular and ALS Clinics

#### **Chelsea Chambers, MS, LCGC**

Genetic Counselor II Department of Human and Molecular Genetics

#### Michelle Gebhardt, RN

Clinical Coordinator IV, Ambulatory Care Department of Neurology

#### Kelly G. Gwathmey, MD

Assistant Professor of Neurology Neuromuscular Division Chief Program Director of the Neuromuscular Medicine Fellowship

#### J'Lee Maldonado, MSW

Clinical Social Worker II Supervisee in Social Work Adult Outpatient Neurology

#### Danielle Noreika, MD

Medical Director Inpatient Palliative Care Services Program Director, Hospice and Palliative Medicine Fellowship

#### **Rebecca Rhodes, RD**

**Clinical Dietitian** Department of Neurology

#### Kate Roberts, OTD, OTR/L, CSRS

Occupational Therapist III Neuroscience, Orthopaedic and Wellness (NOW) Center

#### Disclosure

In compliance with ACCME standards, all planners and presenter relationships with commercial supporters have been resolved. All presenting faculty affirm that they will employ the best available evidence from all sources to support any clinical recommendations made in their presentations. If learners detect any commercial bias in any presentation, they should document their observations on the activity evaluation form.

By attending this event you grant VCU Health Continuing Education the right at the event to record, film, photograph, or capture your likeness in any media and to distribute, use, or otherwise disseminate, in perpetuity, such media without any further approval or any payment to you.

#### Disclaimer

Minimum and maximum numbers for attendance at this event have been established, and we reserve the right to substitute speakers/topics, adjust credit hours, or cancel if necessary.

## Schedule | Saturday, September 19, 2020

#### A.M.

- 9:00 **Check-in and registration** (Continental breakfast, exhibits and posters available) 10:00 Welcome and announcements
  - Kelly G. Gwathmey, MD
- 10:05 ALS overview and the role of the interdisciplinary clinic Kelly G. Gwathmey, MD
- 10:30 **Physical therapy and occupational therapy** Mandy Butler, DPT and Kate Roberts, OTD, OTR/L
- 11:00 Speech therapy and nutrition Kiera Berggren, MA/CCC-SLP, MS and Rebecca Rhodes, RD
- **Lunch** (Exhibits and posters available) 11:30
- P.M.
- 12:45 Nursing and social work Michelle Gebhardt, RN and J'Lee Maldonado, MSW 1:15 Genetics

Chelsea Chambers, MS, LCGC

- 1:40 **Respiratory therapy** Paula Brockenbrough, CRT
- 2:00 **Break** (Exhibits and posters available)
- 2:30 **Palliative care** 
  - Danielle Noreika, MD
- **ALS Association (ALSA) resources** 3:00
- 3:10 Muscular Dystrophy Association (MDA) resources
- 3:20 Research updates in motor neuron diseases Kelly G. Gwathmey, MD
- **Closing remarks** 3:40 Kelly G. Gwathmey, MD
- 3:45 Adjourn

#### Lodging | Westin Richmond Hotel

6631 West Broad Street Richmond, VA 23230 Phone | 804.965.8461

Rate | \$139/night for a standard king room.

Book by phone | 888.627.7786 and reference the "VCU Health ALS Symposium" when booking.

#### Book online | https://tinyurl.com/2020ALS

Deadline for receiving the guest room block is Friday, August 28, 2020. This rate may not be available after this date.

#### Accreditation and education credit



In support of improving patient care, VCU Health is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

VCU Health designates this live activity for a maximum of 3.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity

VCU Health designates this activity for a maximum of 3.75 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.



As a Jointly Accredited Organization, VCU Health is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education

(ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. VCU Health maintains responsibility for this course. Social workers completing this course receive 3.75 continuing education credits.



This activity was planned by and for the healthcare team, and learners will receive 3.75 Interprofessional Continuing Education (IPCE) credits for learning and change.

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